



# NLS Newsletter

## Autumn term 06.09.2024

[www.northlancing.w-sussex.sch.uk](http://www.northlancing.w-sussex.sch.uk)
[twitter.com/nlancingprimary](https://twitter.com/nlancingprimary)

### Diary Dates 2024/2025



**Autumn Term 2024- Tuesday 3rd September-Friday 20th December**

Half term - 28th Oct-1st Nov

Inset days Monday 2nd September & Monday 4th November

**Spring Term 2025- Monday 6th January-Friday 4th April**

Half term - Monday 17th-Friday 21st February

**Summer Term 2025- Tuesday 22nd April-Monday 21st July**

Bank holiday Monday 5th May

Half term- Monday 26th-Friday 30th May

Inset days Monday 23rd May, Monday 21st July & Tuesday 22nd July



Flu vaccinations 26th November 2024  
 Individual/sibling photos 29th November 2024

### Cut off dates for booking meals via ParentPay

	Book by	For W/C
Menu week 1	12-Sep	23-Sep
Menu week 2	19-Sep	30-Sep
Menu week 3	26-Sep	07-Oct
Menu week 1	03-Oct	14-Oct
Menu week 2	10-Oct	21-Oct
Menu week 3	17-Oct	28-Oct
Menu week 1	24-Oct	04-Nov
Menu week 2	31-Oct	11-Nov
Menu week 3	07-Nov	18-Nov
Menu week 1	14-Nov	25-Nov
Menu week 2	21-Nov	02-Dec
Menu week 3	28-Nov	09-Dec

**Please note when ordering meals for your child: DO NOT book a trips packed lunch.** This is only for schools who offer a Chartwells packed lunch for day trips and does not mean that your child will get a packed lunch provided at school.



## Attendance winners



Every week we celebrate attendance.

The class with the best attendance this week is 1H

They had an amazing 98% attendance for this week!

## Welcome back!

Welcome back! We hope you all had the most wonderful summer with your families. It is lovely to see the children back rested and ready to learn. They have all settled into their new classes brilliantly; you should all be very proud of them.

## Year group meetings

As you know from our welcome back message at the beginning of the week, we will soon be holding our year group meetings. These meetings are hugely important for parents to attend as we will be setting out our expectations and giving out key information for the year ahead. We do hope to see you all there.

Year Group Meetings			
Year	Date	Time	Location
Year 1	Tuesday 17 <sup>th</sup> September	3.05 – 3.35pm	1A Classroom
Year 2	Wednesday 18 <sup>th</sup> September	3.05 – 3.35pm	2M Classroom
Year 3	Thursday 19 <sup>th</sup> September	3.05 – 3.35pm	3M Classroom
Year 4	Wednesday 11 <sup>th</sup> September	3.05 – 3.35pm	4S Classroom
Year 5	Monday 9 <sup>th</sup> September	3.05 – 3.35pm	5RW Classroom
Year 6	Thursday 12 <sup>th</sup> September	3.05 – 3.35pm	6C Classroom

## Lunchtime supervisor vacancies

We currently have vacancies for lunchtime supervisors.

**Salary:** Grade 2 - £11.59 per hour

**Contract type:** Permanent (part time would be considered)

**Hours:** 8 hours 45 minutes per week: 5 x 1hrs 45m: 11.45am – 1.30pm (Term time only)

**Start date:** As soon as possible

**Details of the job:** North Lancing Primary School is looking to appoint a term time only lunchtime supervisor. Work may include:

- Supervising pupils to eat their lunch safely
- Serving hot meals to pupils
- Helping pupils with their lunch – opening packets etc

- Tidying rooms where pupils have been eating
- Supervising pupils at play to ensure they are safe
- Helping pupils to engage in appropriate games at playtime

If you would like to become a key member of this warm, happy school and think you have the following skills:

- The desire to help pupils have safe, happy lunch and play experiences
- Excellent organisational and communication skills
- Adaptability and flexibility (every day is different!)
- The desire to build excellent relationships
- The skills to become an effective member of our team

. . . Then this could be just the job for you! We sent the application form out via Studybugs earlier in the week, but if you require a paper copy to complete then please do speak to a member of the office staff.

### Autumn term swimming

Please see below for the Autumn term swimming timetable:

Swimming Timetable			
Class	Day	Class	Day
1A	Tuesday pm + Friday pm	4T	Wednesday am
1H	Tuesday pm + Thursday pm	5M	Thursday am
2M	Wednesday pm	5RW	Tuesday am
2W	Thursday pm	6C	Friday am
3B	Monday pm	6K	Wednesday am
3M	Tuesday am	Nurture	Wednesday am + Friday am
4S	Monday am		

Please ensure that your child wears PE kit on swimming days. Swimming replaces indoor PE, so children do not need to wear PE kit on indoor PE days if it is different from their swimming days. Swimming will continue to the October half term (weather permitting).

Swimming fees for the Autumn term is £12 payable via ParentPay. Keeping the swimming pool open and maintaining it is a huge cost to the school. The only way we can keep it open is if all parents pay the fee. We do not have the funds to keep running the pool otherwise. We thank you as always for your continued co-operation.

### Pupil Premium applications

Families on lower incomes can apply for Free School Meal/Pupil Premium funding. This will help you with access to discounted uniform, free access to PTA events and lots more. Please apply by clicking on the following link: <https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/free-school-meals/>

## Keep North Lancing School Lovely- volunteers needed!

We would like to start up a little volunteer group to help keep our lovely school looking lovely! As such we are looking to have a blitz of the grounds just once a month on the last Friday of each month to litter pick, sweep and keep the flower beds neat and tidy. It would run from 3:10pm for just 45 minutes. We would welcome parents and children, along with grandparents and any other eager family members- anyone who would like to make a real difference and help us keep our wonderful school grounds looking the best it can. Please bring gloves and brooms/litter pickers (if you have them) along with lots of enthusiasm! If you (or any other family members) would like to help, please click on the following link to let us know names: <https://forms.gle/n4QuKgc3uymo9nGv6>

The first session will take place on Friday 27<sup>th</sup> September at 3:10pm, please meet Mrs Fowler at the reception picket fence. Thank you so much!

### Healthy lunches

It has been lovely to see so many fresh and healthy packed lunches. A great lunch is hugely important for children, it is proven that a healthy lunch helps with concentration and learning. See below for great ideas as to what to pack for your child's lunch.



# Lunchbox ideas for a balanced diet

What your child has for lunch will affect their learning and behaviour in the afternoon. Growing children need plenty of starchy foods to fill them up and give them energy. Nutritious meals packed with fibre, protein, carbohydrate and vitamins will also help your child's growing bones and give them a healthy dose of brain power for the afternoon! Here are a few ideas for a balanced lunchbox. **Try to include something from each section in your child's lunchbox.**

Tummy Fillers	Five-a-day Options	Good for growing bones	Snacks	Thirst Quenchers
Sandwich (filled) Wrap (filled) Pitta bread (filled) Naan bread Bagel Tortilla Croissant Pasta Salad Rice Salad Cous Cous Potato Salad Sausage Roll Mini Pasty Spring Roll Quiche Samosa Frittata Pizza Slice	Satsuma/Orange Apple Pear Banana Peach Plum Grapes Strawberries Fresh fruit jelly Melon Mango Kiwi Carrot Cucumber Mangetout Pepper Coleslaw Cherry tomatoes	Fruit yoghurt Fromage Frais Rice Pudding Custard Greek Yoghurt Plain yoghurt Cheese portion Cottage Cheese Cream cheese slice Dips - hummus/Raita	Malt loaf Crackers Rice cakes Crisp bread Scotch egg Bread sticks Mini sausages Cubes of cheese Hard boiled egg Cheesy biscuits Low salt/baked crisps Home made popcorn Small biscuit Oatcakes Cereal bar Small cake	Water Milk Milkshake Pure fruit juice Smoothies Well diluted squash

**Filling ideas:** Wafer thin meats, ham and cheese, roast chicken, salad, BLT, tuna mayo and sweetcorn, sausages, prawn mayo, grated cheese, cream cheese/cheese spread, cheese and coleslaw, egg salad/mayo, jam, fruit spread, nut free chocolate, honey.

### Weekly bulletins

This year all year groups will continue to receive a weekly bulletin on a Friday afternoon. This will go over the learning that your child has covered in the week and what to expect in the next week. Please go though this with your child and talk together about what they have learned. The bulletin will also include new vocabulary being covered in class.

### Daily reading

We can not emphasise enough the importance of every child reading daily at home. All children are expected to be reading for 30 minutes each day; either on their own or with an adult. Reading records will be coming home shortly.

### Pupil Achievements

Isobel G took part in a Gym competition in Basingstoke with Wickers Gymnastics. She came 6<sup>th</sup> on bars, 4<sup>th</sup> on vault, 2<sup>nd</sup> on floor and 1<sup>st</sup> on beam coming 2<sup>nd</sup> overall.

Ethan B, Grace B and Oakley L all completed the Library Summer Reading Challenge, earning a medal and certificate.

Eden K was awarded an Empathy Award and received a trophy, badge and certificate.

Ashton L won the U10 Bowler of the Year 2024 trophy from Worthing Cricket Club.

Katie S achieved her 5m swimming badge and certificate.



## **TOP GUN CHEERLEADING SCHOOL CLUB**

We are excited to announce our cheer club at North Lancing. Here you can learn new skills, have a blast, and make new friends. Whether you're a beginner or looking to enhance your cheer skills, our club is perfect for everyone. Don't miss out on the fun—join us today and experience the excitement of cheerleading!

**IF YOU WOULD LIKE TO JOIN PLEASE EMAIL [TOPGUNJAGSUK@GMAIL.COM](mailto:TOPGUNJAGSUK@GMAIL.COM)**

TUESDAYS 3:00-4:00PM

Run Half Termly, dates for the first term: 10/09, 17/09, 24/09 and 01/10, 08/10, 15/10, 22/10

£38.50 for the Half Term



# DAVISON

C.E. High School for Girls

## Come and have a look at our school

**OPEN MORNINGS 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup>, 27<sup>th</sup> September 9.00am - 11.00am**

**OPEN EVENING 1<sup>st</sup> October 5.00pm - 7.00pm**

Presentation and Headteacher talks 5.30pm - 6.30pm

For further details: [www.davison.w-sussex.sch.uk](http://www.davison.w-sussex.sch.uk)

**We are delighted to be able to invite you to our forthcoming open events  
for admissions in September 2025**

Please come along and have a look at our school, the preferred date for families of your primary school to attend the Open Morning is **Thursday 26<sup>th</sup> September** and there is no need to book.

Please see the link below to our e-prospectus for more information:

<https://www.davison.w-sussex.sch.uk/admissions/prospectus/>

We are very much looking forward to meeting you.

**Davison CE High School for Girls**