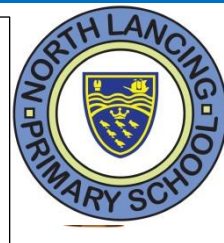




# NLS Newsletter

## Spring term 04.04.2025



[www.northlancing.w-sussex.sch.uk](http://www.northlancing.w-sussex.sch.uk)



[twitter.com/nlancingprimary](https://twitter.com/nlancingprimary)

### Diary Dates 2024/2025



**Spring Term 2025- Monday 6th January-Friday 4th April**

Half term - Monday 17th-Friday 21st February

**Summer Term 2025- Tuesday 22nd April-Monday 21st July**

Bank holiday Monday 5th May

Half term- Monday 26th-Friday 30th May

Inset days Friday 23rd May, Monday 21st July & Tuesday 22nd July



### Attendance winners



Every week we celebrate attendance.

It is vital for your child that they attend school each and every day if they are well enough. Absence from school is often the greatest single cause of poor performance and achievement. Missing school leaves pupils vulnerable to falling behind, more likely to struggle sustaining friendships and much less likely to enjoy the school environment. We want to see your lovely children as often as possible!

The class with the best attendance this week is 2W

They had an amazing 98% attendance for this week!

### Easter Holidays

We hope you have the most wonderful, sunny weeks with your families. Children return to school for the summer term on Tuesday 22<sup>nd</sup> April.

## GoCatering, new hot meals provider



As you know, after Easter we will be changing our hot meals provider to GoCatering. They are already busy completing all of the work necessary to provide their reliable and high-quality lunch service to your children; and we now need you to get ready too.

### **What do you need to do now?**

As soon as possible, if you have not already done so, please take 5 minutes to register by completing the following steps:

1. Click here to access the online booking system:  
<https://bookings.gocatering.co.uk/>
2. Enter all of the information required, for your yourself and your child, to complete your registration (taking care to include any dietary needs accurately).

### **Do I have to register an account?**

- Yes. Even if you are not expecting your child to receive school lunches on a regular basis next academic year, there may be times we need to provide them with a meal (for example, if they forget their lunch, or on a census day). In order to ensure we can do this safely; you need to register an account, which captures all of your child's individual dietary needs (or confirm that there are none). We will be unable to serve lunches to any children that are not registered on our online system (as we have no information regarding allergies, intolerances, or other dietary needs).
- **To receive lunches from the first day of term, children must be registered online by Monday 14<sup>th</sup> April.**
- Even if parents are not intending for their children to receive lunches on a regular basis, they must still register online, so that we are prepared for any emergency in which we need to provide their child with a meal.
- The link to register is: <https://bookings.gocatering.co.uk/>.

### **What happens next and how do I book my child's lunches?**

If your child(ren) is in:

- **Reception, Year 1 or Year 2:** We will automatically load your child's UIFSM booking onto your online booking account during the Easter Holiday. There will be no charge for your child's lunches and, once you have registered your online account, you are not required to do anything else. You will receive email confirmation once this is complete.
- **Year 3, Year 4, Year 5 or Year 6:** You will be able to start making bookings as soon as you have registered online. This can be on either a 'Permanent' basis (i.e. a rolling pattern, for the same days every week) or an 'Ad-hoc' basis.

**Please note: All bookings must be with at least 4 working days' notice – so please do register ASAP.**

### **What if I need help registering my account or have questions?**

If you have any queries about service, or require support using our online booking system, please simply get in touch and we'd be delighted to help. Our office is open 9am-5pm each weekday and we can be contacted via phone (on 01444 715268) or email ([enquiries@gocatering.co.uk](mailto:enquiries@gocatering.co.uk)).

## Chartwells Refunds

We are aware that a number of parents will have credit on their Chartwells ParentPay account. We have contacted Chartwells about this and they have responded with the following:

*'Your last business day with Chartwells is the 4th of April when your students will take their last meals and we will know their final remaining balances. We will refund all the remaining balances on your parents account on the 7th of April.'*

*Regarding the parent accounts ParentPay has informed us of the below,*

"The parents will have their own individual ParentPay accounts, those parent accounts won't become inactive until there's been 12+ months of non-use, the parent will be able to login and make their withdrawal freely until such time.

In the unlikely event a parent doesn't go online for 12 months and their account becomes inactive - our Parent Support team would still be able to help them regain access."

### **West Sussex Road Safety Facebook Page**

The road safety officer from West Sussex has informed us that to help keep children and their families in our community safe, they have set up a Road Safety Facebook page –

[https://www.facebook.com/RoadSafetyWSCC/?locale=en\\_GB](https://www.facebook.com/RoadSafetyWSCC/?locale=en_GB)

All ages can benefit from the information they post, which in turn could help to make your children's journeys to and from school, safer, healthier, and overall easier for everyone.

### **Prizes from Athlete Visit**

We have been in continued communication with the Great Athletes company regarding the children's rewards for the fantastic fundraising they took part in with Courtney Orange. Sadly, they are still awaiting shipment of the rewards but have assured us that as soon as it arrives with them, they will send it on to us. They send their heartfelt apologies.

### **Parent workshops**

Along with our parent support groups which are running on Friday 16<sup>th</sup> May, Friday 13<sup>th</sup> June and Friday 4<sup>th</sup> July (see leaflet at the end of the newsletter for all the details) we are now also running a workshop on ADHD. This will cover, amongst other things: understanding the ADHD brain, common ADHD behaviours and how to respond effectively, managing meltdowns, impulsivity and defiance, communication strategies that actually work. Please see the leaflet at the end of the newsletter for more details.

### **PTA Events**

Coming up in May is the now legendary NLS Quiz Night. Hosting by the queen of quizzes herself, Mrs Cartmell, this is always a brilliant night out. Get those brain cells bouncing around and book now for your team via ParentPay.

In June we will be holding another recycling day. These have been really successful in the past, so have a good spring clean, get rid of that coat that you haven't worn in 10 years, your partner's jumper that you have secretly always hated, all the kids clothes that they have grown out of- bung them all in a bag and bring them along to school either after school on 5<sup>th</sup> June to the music room, or on the morning of the 6<sup>th</sup> June at the goods entrance gates. Everything is recycled so we help both the planet and North Lancing Primary School at the same time!

As a thank you- if you bring in any recycling then your child can enjoy a dress down day on Thursday 5<sup>th</sup> June.

We look forward to helping you declutter your wardrobes!

# RECYCLING DAY

CLEAR YOUR HOUSE. HELP THE PLANET.  
RAISE MONEY FOR OUR SCHOOL



## ACCEPTED

CLOTHES INC. UNDERWEAR  
SHOES  
BED LINEN  
BELTS, HANDBAGS  
HATS, SCARVES, GLOVES  
SOFT TOYS  
(ALL ITEMS MUST BE CLEAN  
BUT CAN BE IN ANY CONDITION)

## NOT ACCEPTED

DUVETS  
CUSHIONS  
OFF CUTS  
CARPET  
CURTAINS

IT'S TIME FOR A  
SPRING CLEAR OUT  
IN PREPARATION  
FOR SUMMER!

Drop off after school on **5th June** at the music room, or  
the morning of **6th June** at the Goods Entrance

FOR MORE INFORMATION PLEASE VISIT [WWW.ASTRARECYCLING.CO.UK](http://WWW.ASTRARECYCLING.CO.UK)  
OR EMAIL [SLOVETT@NORTHLANCINGPTA.ORG](mailto:SLOVETT@NORTHLANCINGPTA.ORG)

**FRIDAY  
9TH MAY**

**£6 PER PERSON  
8 PEOPLE MAX PER TEAM  
BRING FOOD & DRINKS  
PRIZE FOR BEST DRESSED TABLE**

**DOORS OPEN AT : 7PM**

**MORE INFO:**  
*Pay via Parent Pay - please add team name and players in comments*  
*Don't have a full team? No problem, we will put smaller teams together*

### Pupil Achievements

Reggie F won the trophy for the U7s Player's Player Award.  
Sophie B achieved her Level 8 gymnastics medal and certificate.  
Beau L Level 4 gymnastics medal and certificate.  
Tallie M achieved her 800m swimming certificate.

### Headteacher's Awards

Blake F, Iiyala W, Ava B, Lydia D, Sinead S, Decoda R, Niamh M, Sienna A, Albie E, Oakley L, Ted A, Ozzy R, M, Lennon H, Olivia G, Hollie G, Maddie L, Erin L, Isla R, Poppy C, Adam P, Ollie L.

## Holiday Activities and Food (HAF) for children

Children and young people aged 4 to 16 who are eligible\* for benefits related free school meals can take part in free clubs during the Easter, Summer and Winter holidays. A free nutritious meal is provided as part of the scheme. Visit our website to find activities near you and book your place.

\*Check eligibility on the webpage and find information about further support and activities available. Places are limited. Paid-for places may be available, contact individual clubs for availability.

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## ROLLER SKATING CLUB



❑ NORTH LANCING PRIMARY SCHOOL ROLLER SKATING CLUB! ❑

- ❑ **WHEN?** EVERY MONDAY AFTER SCHOOL – 1 HOUR
- ❑ **WHO?** YEARS 3-6, ALL ABILITIES WELCOME!
- ❑ **COST?** £8.50 PER SESSION (TO BE PAID IN ADVANCE)
- ❑ **START DATE?** 28TH APRIL (10 WEEKS)

**COME AND JOIN OUR FUN AND SAFE ROLLER SKATING CLUB! WHETHER YOU'RE A BEGINNER OR A PRO, EVERYONE IS WELCOME.**

**SKATES AND PADS ARE PROVIDED (EXCEPT HELMETS), BUT FEEL FREE TO BRING YOUR OWN IF YOU HAVE THEM.**

**GET READY TO ROLL, LEARN NEW SKILLS, AND HAVE A BLAST! ❑**

**FOR MORE INFO OR TO BOOK A PLACE, PLEASE SCAN THIS QR CODE**





**It all starts with...** **ALL STARS CRICKET**

All Stars Cricket is the best cricket experience for **5-8 year-olds**

All kids are guaranteed to develop **new skills** while **having fun** and **making friends**

Participants receive a **personalised backpack of goodies** including a bat, ball and t-shirt!

Sign up today at [allstarscricket.co.uk](http://allstarscricket.co.uk)




**DYNAMOS CRICKET**

**This is our game.**

**Calling all 8-11 year olds!**

Whether a graduate from All Stars or new to the sport, Dynamos Cricket is an exciting way for kids to **play, learn** cricket skills and make **new friends**.

Participants receive a personalised New Balance shirt with their name and chosen number.

Sign up today



[dynamoscricicket.co.uk](http://dynamoscricicket.co.uk)



#### **New Dates!**

After seeking parental feedback, we have changed the dates of the upcoming Parent Support Group. On Friday 16/5, 13/6 and 4/7 at 8:50am we will be holding a parent support group. This will be a confidential space to discuss and access support with any difficulties your child/ren may be having; along with any challenges you may be facing as a parent. Themes that may arise are: a child's struggle to attend school, parental separation, struggles with parenting to name but a few. Please let us know if you wish to attend by using the following link: <https://forms.gle/MBvkEutq5Fzu8wfQ8>

#### **Attention Parents!**

**ADHD Parenting Workshop: Inspired by 'How Not to Murder Your ADHD Kid' by Sarah Templeton**

**Helping Parents Navigate the ADHD Journey with Confidence**

Are you struggling with the daily challenges of parenting a child with ADHD? Join us for a transformative workshop inspired by Sarah Templeton's insightful book, *How Not to Murder Your ADHD Kid*. This session will equip you with practical strategies, a fresh perspective, and support from other parents who truly understand your experience.



**Workshop Details:**

**Date: Friday 4<sup>th</sup> July**

**Time: 10-11:30am (straight after Parent Support group)**

#### **What You'll Learn:**

- ◆ Understanding the ADHD brain—why they do what they do
- ◆ Common ADHD behaviours and how to respond effectively
- ◆ Managing meltdowns, impulsivity, and defiance
- ◆ Communication strategies that actually work
- ◆ How to support your child's strengths while minimizing struggles
- ◆ Practical solutions from real-life experiences

#### **Who Should Attend?**

Parents, caregivers, and guardians of children with ADHD looking for guidance and community support.

#### **Reserve Your Spot Today!**

Please let the office know if you would like to attend the workshop.

Empower yourself with knowledge and connect with others on the same journey. We look forward to seeing you there!