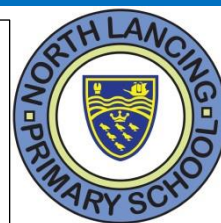


NLS Newsletter

Autumn term 05.09.2025



www.northlancing.w-sussex.sch.uk



twitter.com/nlancingprimary

Diary Dates



Autumn Term 2025 - Thursday 4th September-Friday 19th December 2025

Inset days Wednesday 3rd September & Monday 3rd November

Half term 27th-31st October

Spring Term 2026 - Monday 5th January- Friday 27th March

Half term 16th-20th February

Summer Term 2026 - Monday 13th April - Friday 17th July

Inset days Monday 20th, Tuesday 21st, Wednesday 22nd July

Half term 25th-29th May



2025/26 Autumn Term Menu

Monday 1st September to Friday 19th December 2025



Week 1 (for the weeks commencing 01/09, 22/09, 13/10, 10/11, 01/12)

Main Meal	Vegetarian Meal	Dessert
Sweet & Sour Chicken with Rice & Salad	Sweet & Sour Vegetables with Rice & Salad	Chocolate & Vanilla Mousse (D)
Pasta Bolognese with Salad (D, G)	Vegan Pasta Bolognese with Salad (G, S)	Banana Cake (G, E)
Roast Pork, Roast Potatoes & Mixed Veg	Roast Veg, Roast Potatoes & Mixed Veg	Mango Sorbet
Cheesy Tomato Pasta with Garlic Bread & Salad (D, G)	Tomato Pasta with Garlic Bread & Salad (G)	Lemon Drizzle Cake (G, E)
Fish & Wedges with Peas & Salad (F, G)	Vegan 'Fish' Fingers & Wedges with Peas & Salad (G)	Blueberry Muffin (G, D, E)

Week 2 (for the weeks commencing 08/09, 29/09, 20/10, 17/11, 08/12)

Main Meal	Vegetarian Meal	Dessert
Pesto Pasta with Cheese & Salad (D, G)	Pesto Pasta & Salad (G)	Strawberry & Vanilla Mousse (D)
Sausages, Beans & Wedges with Salad (G, Sd)	Vegan Sausages, Beans & Wedges with Salad (S)	Flapjack
Chicken Curry with Rice & Salad (M)	Vegetable Curry with Rice & Salad (M)	Sliced Melon
Macaroni Cheese with Garlic Bread & Salad (D, G)	Tomato Pasta with Garlic Bread & Salad (G)	Chocolate Cake (G, E, S)
Fishcake & Chips with Mixed Veg & Salad (F, G)	Vegan 'Fish' Fingers, Chips with Mixed Veg & Salad (G)	Strawberry Ice Cream (D)

Week 3 (for the weeks commencing 15/09, 06/10, 03/11, 24/11, 15/12)

Main Meal	Vegetarian Meal	Dessert
Jacket Potato, Baked Beans, Cheese & Salad (D)	Jacket Potato, Baked Beans & Salad	Vanilla Ice Cream (D)
Savoury Mince, Vegetables & Rice with Salad	Savoury Vegan Mince, Vegetables & Rice with Salad (S)	Pineapple Cake (G, E)
Roast Chicken, Roast Potatoes & Mixed Veg	Roast Vegetables, Roast Potatoes & Mixed Veg	Fruit Yoghurt (D)
Pork Meatballs with Pasta & Salad (G, Sd)	Vegan Meatballs with Pasta & Salad (G, S)	Ginger Sponge (G, E)
Fish & Potatoes with Carrots & Salad (F, G)	Vegan 'Fish' Fingers & Potatoes with Carrots & Salad (G)	Chocolate Chip Muffins (E, G, S, D)

Allergen Key: (D) = Dairy; (E) = Egg; (F) = Fish; (G) = Gluten; (M) = Mustard; (S) = Soya; (Sd) = Sulphur Diox

Attendance winners



Every week we celebrate attendance.



It is vital for your child that they attend school each and every day if they are well enough. Absence from school is often the greatest single cause of poor performance and achievement. Missing school leaves pupils vulnerable to falling behind, more likely to struggle sustaining friendships and much less likely to enjoy the school environment. We want to see your lovely children as often as possible!

We start back with the top class for attendance next week once the children have been in for a full week.

NEWS

Welcome back!

Welcome back! We hope you all had a fantastic summer and made lots of memories with your families. It is wonderful to see all the children ready & raring to learn.

Year Group Meetings

We will be holding our annual year group meetings as follows:

Reception: Wednesday 1st October in the school hall at 2:30pm

Year 1: Thursday 18th September in 1M at 3:00pm

Year 2: Wednesday 10th September in 2M at 3:00pm

Year 3: Wednesday 17th September in 3B at 3:00pm

Year 4: Thursday 11th September in 4S at 3:05pm

Year 5: Monday 15th September in 5RW at 3:05pm

Year 6: Monday 8th September in 6C at 3:05pm

These meetings are always extremely useful as we share information on what your child can expect in their new year, what expectations we have of them, and what the children will be learning. We look forward to seeing you there!

PE and Swimming Days

From Monday, all classes will follow their new timetables. This includes the start of swimming, PE, and games lessons. Swimming replaces the weekly PE lesson. If your child's swimming day is different from their usual PE day, they will only need their PE kit on the swimming day (up until half term).

Please check the list below for your child's PE, games, and swimming days

<i>Class</i>	<i>PE</i>	<i>Games</i>	<i>Swimming</i>
1H (Mrs Hannon + Miss Cowley)	Monday	Tuesday	Tuesday pm
1M (Mrs Maloney + Mrs Ross)	Monday	Wednesday	Thursday pm
2M (Mrs Munnery)	Wednesday	Tuesday	Monday pm
2W (Mrs Williams + Mrs Button)	Wednesday	Thursday	Monday pm
3B (Miss Bernath + Mrs Black)	Thursday	Monday	Thursday am
3G (Mr Gradidge)	Friday	Thursday	Thursday am
4S (Mrs Silverson)	Monday	Tuesday	Monday am
4T (Mrs Taylor)	Friday	Thursday	Friday am
5M (Mr Masingiri)	Thursday	Wednesday	Thursday am
5RW (Mrs Robinson-Wright)	Tuesday	Monday	Monday am
6C (Mrs Cartmell)	Wednesday	Friday	Wednesday am
6K (Miss King)	Tuesday	Friday	Tuesday pm
Lower Nurture			Thursday pm and Friday am
Upper Nurture			Tuesday am and Friday am

PE Kit

On PE/Swimming days, your child should come dressed in PE kit. PE kit comprises of:

- North Lancing branded navy hoodie
- North Lancing branded navy PE top
- Navy bottoms

In order to reduce costs for parents, PE joggers and shorts no longer have to be North Lancing branded. They must however be navy blue in colour. PE joggers can be substituted for navy leggings and sports shorts for the fitted cycling shorts (these must not be too short).

Please remember that for swimming, your child must have a light-coloured swimming hat with their first name written in large letters on both sides. This helps staff to identify pupils when in the pool.

After School Clubs

We are currently finalising the list of after school clubs that we will be running this term. We aim to send the list out as soon as possible with links to apply. If your child attends a club run by an external provider, please check with them for start dates.

Morning Arrangements

Following our recent staffing restructure, our new arrangements are now in place. Most teaching assistants will now begin work at 9:00am. Class teachers will be at their classroom doors each morning to welcome children in. **This means they will not be able to take messages at this time.**

If you have a message for your child's teacher, please pass it on via the school office, who will ensure it is delivered. This can be done in person at the office or via StudyBugs. Staff will not respond to messages sent to them via social media regarding school matters.

Gate opening times.

Reminder that the gates do not open until 8:35am in the mornings. If your child walks to school please ensure that they do not get here too early as there is no adult supervision before that time.

Fidget toys & Ordinarily inclusive practice

Please do not send your children into school with their own toys or fidget tools. All necessary tools will be provided by the school unless a specific arrangement has been agreed between the SEND team and individual parents.

To ensure pupils are in the best position to learn, a variety of support tools are ordinarily available in each classroom. These include:

- ear defenders
- wobble cushions
- fidget tools
- chair resistance bands
- writing frames
- key word banks
- visual timetables
- pictorial aids (wigit)

In addition, work is differentiated to match individual needs.

PTA AGM

The PTA AGM will be held next Wednesday 10th September at 7pm in the studio at school. A new committee will be voted in and upcoming events will be discussed. Everyone is welcome, we are always looking for new members to join and help raise much needed funds for the school! Please come and join us, find out about what we do and what you can do to help. If anyone has any questions please feel free to contact us on Facebook or hello@northlancingpta.org

School Crossing Patrol

As you will have noticed this morning, we once again have a school crossing patrol lollipop man on the junction of Manor Road and Mill Road. His name is Derek so please do stop and say hello to him!

The school has been without a lollipop person for so many years now that we would like to remind you to not cross at the crossing on your own as this would set a bad example to the children. If your child walks home unaccompanied, please remind them that they have to cross with the lollipop man.

Please do have patience when crossing as Derek can't be in 2 places at once and you may have to wait a minute. Please note that Derek will not be able to cover the crossing this afternoon as he had an appointment booked prior to getting the post.

The school has fought long and hard to get the school crossing patrol reinstated after Keith retired so we are absolutely delighted to have a lollipop person back!

Keep North Lancing School Lovely!

Mrs Fowler's intrepid band of helpers were so fantastic last year that she is continuing the Keep NLS Lovely sessions this year.

The volunteers have a blitz of the grounds just once a month on the last Friday of each month to litter pick, sweep and keep the flower beds neat and tidy. It runs from 3:10pm for just 45 minutes. We would welcome parents and children, along with grandparents and any other eager family members- anyone who would like to make a real difference and help us keep our wonderful school grounds looking the best it can. Please bring gloves and brooms/litter pickers (if you have them) along with lots of enthusiasm!

The first session will take place on Friday 12th September at 3:10pm, please meet Mrs Fowler at the reception picket fence. Thank you so much!

DONATIONS NEEDED

Our lovely Nurture team would be delighted if anyone has any basic tools that they feel able to donate. They are trying to build a basic tool kit for the children; they are after basic screwdrivers, pliers, hammers etc. Any donations can be brought into the school office (by adults only- please do not give them to children to bring in!)

FUNDRAISING

You may remember that at the end of the summer term Joshy Coombs did an amazing 15 mile bike ride to raise money for the school. In all he raised a magnificent £160. We are so grateful to him for cycling all that way and to his family for organising this.

Also, towards the end of the summer term you will remember that we held a non-uniform day for Rare Chromosome Day to celebrate one of our pupils. We raised a fantastic £600 for the charity Unique, who provide support, information and networking to families affected by rare chromosome and gene disorders.



Pupil Achievements

Callie V earn her gymnastics club award scheme Level 8 medal & certificate.
Gene T won a 1st place individual trophy at a county trampolining competition.
Ivy & Gene T won a 3rd place trophy for their synchro trampoline routine.
Penny D earn her gymnastics club award scheme Level 2 medal & certificate.

Alfie T completed the library summer reading challenge.
Penny D completed the library summer reading challenge.

Madi H completed the library summer reading challenge.

Braxton L earned a Superhero series medal for completing 15k of running, cycling and swimming!

LANCING FIRE STATION CAR WASH

All money raised
goes to



The
Fire Fighters
Charity



10am to 2pm

Lancing Fire Station Elm Grove BN15 8DP

SATURDAY 13th SEPTEMBER 2025

HEY! HAVE YOU HEARD OF WANNADO STREETDANCE?!

WE RUN A **COOL** AFTER SCHOOL
STREET DANCE CLUB
AT **YOUR** SCHOOL!



**WEDNESDAYS 3.05 -
3.50PM**

**Mixed ages - Yr1 - Yr6
10th September - 10th December
13 weeks totalled £78
Payable in advance
via ClassforKids**



Our classes are fantastic for:

- **Building confidence**
- **Improving fitness**
- **Learning cool skills**
- **Expressing positive energy**
- **Making friends**
- **Positive mental health**



To book:

<https://wannado-streetdance.classforkids.io>

Email: kerry@wannadostreetdance.com

SOUTHERN MARTIAL ARTS KIDS KARATE

Confidence
Self Defence
Discipline
Respect
Etiquette
Behaviour
Control
Awareness
Anti Bullying
Co-ordination



努力報酬

STARTING
BACK
September
12th

North Lancing Primary KARATE CLASS

FRIDAYS,
straight after school finishing at 4.10pm

**Call, text or email to
book your place**

01903 537 272 or 07515 901669
E: southernmartialarts@outlook.com

NO
monthly
costs or
Direct Debits

£6
pay as you
go

All non
contact

**For Years
R & up**

New beginners welcome along anytime

Wear your PE kit or similar for the first few weeks

TABLE TENNIS THURSDAYS

**After School Club
at North Lancing**

**12 WEEKS IN THE AUTUMN
TERM**

**FIND OUT MORE BY
EMAILING
INFO@WORTHINGTTC.COM**

ALL EQUIPMENT PROVIDED

**ALL OUR COACHES ARE QUALIFIED
AND DBS CHECKED**



Club of the Year
Award Winner



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