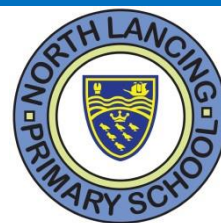


NLS Newsletter

Autumn term 19.09.2025



www.northlancing.w-sussex.sch.uk



twitter.com/nlancingprimary

Diary Dates



Autumn Term 2025 - Thursday 4th September-Friday 19th December 2025

Inset days Wednesday 3rd September + Monday 3rd November

Half term 27th-31st October

Spring Term 2026 - Monday 5th January- Friday 27th March

Half term 16th-20th February

Summer Term 2026 - Monday 13th April - Friday 17th July

Inset days Monday 20th, Tuesday 21st, Wednesday 22nd July

Half term 25th-29th May



2025/26 Autumn Term Menu

Monday 1st September to Friday 19th December 2025



Week 1 (for the weeks commencing 01/09, 22/09, 13/10, 10/11, 01/12)

Main Meal	Vegetarian Meal	Dessert
Sweet & Sour Chicken with Rice & Salad	Sweet & Sour Vegetables with Rice & Salad	Chocolate & Vanilla Mousse (D)
Pasta Bolognese with Salad (D, G)	Vegan Pasta Bolognese with Salad (G, S)	Banana Cake (G, E)
Roast Pork, Roast Potatoes & Mixed Veg	Roast Veg, Roast Potatoes & Mixed Veg	Mango Sorbet
Cheesy Tomato Pasta with Garlic Bread & Salad (D, G)	Tomato Pasta with Garlic Bread & Salad (G)	Lemon Drizzle Cake (G, E)
Fish & Wedges with Peas & Salad (F, G)	Vegan 'Fish' Fingers & Wedges with Peas & Salad (G)	Blueberry Muffin (G, D, E)

Week 2 (for the weeks commencing 08/09, 29/09, 20/10, 17/11, 08/12)

Main Meal	Vegetarian Meal	Dessert
Pesto Pasta with Cheese & Salad (D, G)	Pesto Pasta & Salad (G)	Strawberry & Vanilla Mousse (D)
Sausages, Beans & Wedges with Salad (G, Sd)	Vegan Sausages, Beans & Wedges with Salad (S)	Flapjack
Chicken Curry with Rice & Salad (M)	Vegetable Curry with Rice & Salad (M)	Sliced Melon
Macaroni Cheese with Garlic Bread & Salad (D, G)	Tomato Pasta with Garlic Bread & Salad (G)	Chocolate Cake (G, E, S)
Fishcake & Chips with Mixed Veg & Salad (F, G)	Vegan 'Fish' Fingers, Chips with Mixed Veg & Salad (G)	Strawberry Ice Cream (D)

Week 3 (for the weeks commencing 15/09, 06/10, 03/11, 24/11, 15/12)

Main Meal	Vegetarian Meal	Dessert
Jacket Potato, Baked Beans, Cheese & Salad (D)	Jacket Potato, Baked Beans & Salad	Vanilla Ice Cream (D)
Savoury Mince, Vegetables & Rice with Salad	Savoury Vegan Mince, Vegetables & Rice with Salad (S)	Pineapple Cake (G, E)
Roast Chicken, Roast Potatoes & Mixed Veg	Roast Vegetables, Roast Potatoes & Mixed Veg	Fruit Yoghurt (D)
Pork Meatballs with Pasta & Salad (G, Sd)	Vegan Meatballs with Pasta & Salad (G, S)	Ginger Sponge (G, E)
Fish & Potatoes with Carrots & Salad (F, G)	Vegan 'Fish' Fingers & Potatoes with Carrots & Salad (G)	Chocolate Chip Muffins (E, G, S, D)

Allergen Key: (D) = Dairy; (E) = Egg; (F) = Fish; (G) = Gluten; (M) = Mustard; (S) = Soya; (Sd) = Sulphur Diox

Attendance winners



Every week we celebrate attendance.

It is vital for your child that they attend school each and every day if they are well enough. Absence from school is often the greatest single cause of poor performance and achievement. Missing school leaves pupils vulnerable to falling behind, more likely to struggle sustaining friendships and much less likely to enjoy the school environment. We want to see your lovely children as often as possible!

The class with the best attendance this week is 2M

They had an amazing 98.6% attendance for this week

NEWS

Swimming fees

Reminder that the swimming fees for this term are due for years 1-6. As with the summer term, the fees for the term are just £15; this equates to just over £2 per week for every child to have an hour of swimming each week. We are incredibly lucky to have our pool, but we are completely reliant on parents paying this fee to be able to keep it running. Schools that are not lucky enough to have a pool must pay considerably more for swimming as they are charged for both hire of a pool and coaches to transport the children. If you have not already done so, please pay via ParentPay. Thank you.

Silent Disco

The PTA is excited to announce that the school disco is back on Tuesday 14th October but this time it will be silent!

Each child will get a headset with a selection of pre-programmed playlists; they will be able to choose what they listen to and will be able to dance to their hearts content. A drink and snack are included in the price, and we will have glow bands/items for sale at the disco from 50p.

Closing date for the purchase of tickets is 9th October; due to needing to order the correct number of headsets for the event we will not be able to add on any extra tickets after this date and we unfortunately won't be able to accommodate any children who attend the event who have not purchased a ticket in advance.

When booking, please enter an emergency name and contact number and any allergies/dietary requirements in the notes section.

Please note that due to this being a quieter event we will not be providing a quiet area this time.



SILENT DISCO



TUESDAY 14TH OCTOBER



DRINK & SNACK
INCLUDED

£4 EACH

PAY VIA
PARENT PAY

(NO LATER THAN 3PM
THURSDAY 9TH OCTOBER)

YEAR 1, 2 & 3: 3.15-4.30PM

YEAR 4, 5 & 6: 4.45-6.00PM



All Children must be collected by an adult

After School Clubs

The list of this term's after school clubs went out earlier this week along with the application links. Most staff-led clubs start next unless specifically stated on the list.

The google form will have informed you if the club was already full. If this was the case and you wish your child to go on the waiting list, then please message the school via studybugs.

If you were able to complete the form, then your child has a place (unless the club specifically stated that it was an 'expression of interest only' club).

For an 'expression of interest only' club, we will contact you to let you know if your child has a place.

Clubs are £5 for the entire Autumn term right up to Christmas. Please pay this as soon as possible as this goes towards resources for our after-school clubs.

Application for Secondary School Places

Reminder to our year 6 families that applications for secondary school places are now open. The deadline to apply is 31st October. Any applications received after this date will be deemed late and this may affect your chance of getting your preferred school.

Apply online:

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-places/apply/secondary-school-places>

Donations needed

If you have any old welly boots of a suitable size for our Early Years children, then please do bring them in! Our younger children love to play outside, and they do so in all weathers! They would be most grateful to receive any pairs of wellies that you can spare. These can be brought into the main office. Thank you.



Pupil Achievements

Oliver M completed the Library Summer Reading Challenge

Oliver M was awarded his 10th Kyu blue belt in Karate

Oliver K was awarded Player of the Match for Worthing Utd U8 Youth FC

Sophie B completed the Library Summer Reading Challenge

Robyn H walked 75km over the summer with the Conqueror Giza Pyramids Virtual Challenge for Team Seas- raising £300 which meant that they were able to take 300lb of plastic pollution out of the seas.

She was awarded an amazing medal.

Lilia A-E completed the Library Summer Reading Challenge

Hot Chocolate Superstars

Rafferty M, Romanii K, Ivy G, Hattie M, Blake F, Etta T, Izzy C, Reggie F, Olivia G, Hugo M, Brodie L, Gracie W, Kitty C, Ava B, Decoda R, Bentley W

Headteacher's Awards

Zac C, Chester M, Eden K, Indie B, Emmy D, Ella L, Olivia G, Jenson B-C, Autumn-Lilly H, Oliver M, Finlay V.



**TABLE
TENNIS
THURSDAYS**

**After School Club
at North Lancing**

**12 WEEKS IN THE AUTUMN
TERM**

**FIND OUT MORE BY
EMAILING
INFO@WORTHINGTTC.COM**

ALL EQUIPMENT PROVIDED

**ALL OUR COACHES ARE QUALIFIED
AND DBS CHECKED**



Club of the Year
Award Winner

 info@worthingttc.com

 www.worthingttc.com/

 [@worthingttc](https://www.instagram.com/worthingttc)

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