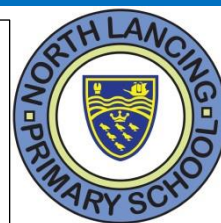


NLS Newsletter

Autumn term 24.10.2025



www.northlancing.w-sussex.sch.uk



twitter.com/nlancingprimary

Diary Dates



Autumn Term 2025 - Thursday 4th September-Friday 19th December 2025

Inset days Wednesday 3rd September + Monday 3rd November

Half term 27th-31st October

Flu vaccinations Friday 7th November

Individual and sibling photos Friday 14th November

Spring Term 2026 - Monday 5th January- Friday 27th March

Half term 16th-20th February

Summer Term 2026 - Monday 13th April - Friday 17th July

Inset days Monday 20th, Tuesday 21st, Wednesday 22nd July

Half term 25th-29th May



2025/26 Autumn Term Menu

Monday 1st September to Friday 19th December 2025



Week 1 (for the weeks commencing 01/09, 22/09, 13/10, 10/11, 01/12)

Main Meal	Vegetarian Meal	Dessert
Sweet & Sour Chicken with Rice & Salad	Sweet & Sour Vegetables with Rice & Salad	Chocolate & Vanilla Mousse (D)
Pasta Bolognese with Salad (D, G)	Vegan Pasta Bolognese with Salad (G, S)	Banana Cake (G, E)
Roast Pork, Roast Potatoes & Mixed Veg	Roast Veg, Roast Potatoes & Mixed Veg	Mango Sorbet
Cheesy Tomato Pasta with Garlic Bread & Salad (D, G)	Tomato Pasta with Garlic Bread & Salad (G)	Lemon Drizzle Cake (G, E)
Fish & Wedges with Peas & Salad (F, G)	Vegan 'Fish' Fingers & Wedges with Peas & Salad (G)	Blueberry Muffin (G, D, E)

Week 2 (for the weeks commencing 08/09, 29/09, 20/10, 17/11, 08/12)

Main Meal	Vegetarian Meal	Dessert
Pesto Pasta with Cheese & Salad (D, G)	Pesto Pasta & Salad (G)	Strawberry & Vanilla Mousse (D)
Sausages, Beans & Wedges with Salad (G, Sd)	Vegan Sausages, Beans & Wedges with Salad (S)	Flapjack
Chicken Curry with Rice & Salad (M)	Vegetable Curry with Rice & Salad (M)	Sliced Melon
Macaroni Cheese with Garlic Bread & Salad (D, G)	Tomato Pasta with Garlic Bread & Salad (G)	Chocolate Cake (G, E, S)
Fishcake & Chips with Mixed Veg & Salad (F, G)	Vegan 'Fish' Fingers, Chips with Mixed Veg & Salad (G)	Strawberry Ice Cream (D)

Week 3 (for the weeks commencing 15/09, 06/10, 03/11, 24/11, 15/12)

Main Meal	Vegetarian Meal	Dessert
Jacket Potato, Baked Beans, Cheese & Salad (D)	Jacket Potato, Baked Beans & Salad	Vanilla Ice Cream (D)
Savoury Mince, Vegetables & Rice with Salad	Savoury Vegan Mince, Vegetables & Rice with Salad (S)	Pineapple Cake (G, E)
Roast Chicken, Roast Potatoes & Mixed Veg	Roast Vegetables, Roast Potatoes & Mixed Veg	Fruit Yoghurt (D)
Pork Meatballs with Pasta & Salad (G, Sd)	Vegan Meatballs with Pasta & Salad (G, S)	Ginger Sponge (G, E)
Fish & Potatoes with Carrots & Salad (F, G)	Vegan 'Fish' Fingers & Potatoes with Carrots & Salad (G)	Chocolate Chip Muffins (E, G, S, D)

Allergen Key: (D) = Dairy; (E) = Egg; (F) = Fish; (G) = Gluten; (M) = Mustard; (S) = Soya; (Sd) = Sulphur Diox



Attendance winners



Every week we celebrate attendance.

It is vital for your child that they attend school each and every day if they are well enough. Absence from school is often the greatest single cause of poor performance and achievement. Missing school leaves pupils vulnerable to falling behind, more likely to struggle sustaining friendships and much less likely to enjoy the school environment. We want to see your lovely children as often as possible!

The class with the best attendance this week is 3B

They had an amazing 98% attendance for this week

NEWS

Nurture Café

We held our inaugural Nurture Café this morning and it was a huge hit! The nurture team and children made some delicious treats and the children ran the café, taking the money and giving out the cakes, flapjacks and muffins that were on offer. We were delighted to have a full café with children, parents and staff having a wonderful time together. We would like to thank all of the Nurture team and the children for all their hard work in organising this fabulous event raising £90 for Nurture resources. It was so successful that we are considering running it every half term, then next one will be in December so watch this space!



Keep North Lancing School Lovely

Mrs Fowler and her band of intrepid helpers will be holding the monthly Keep NLS Lovely session after school on Friday 14th November. If you would like to help out, just meet Mrs Fowler by the reception fence after school, for a lovely session of sweeping, weeding and making our lovely school even lovelier!

Parking at the Miller & Carter

We have received yet another complaint from the Miler & Carter regarding parents parking inconsiderately and illegally in their carpark at pick up. This is resulting in their customers not being able to either park, or indeed being able to leave. We are very lucky to have the good will of the Miller & Carter who allow you to park there. It would be a shame to lose this. Please be aware that the Miller & Carter staff will be reporting any cars that are parked inconsiderately or illegally to Operation Crackdown.

We have also received reports of cars continuing to park on the pavement in front of the Miller and Carter; not only is this inconsiderate, this is incredibly dangerous as it can cause an unnecessary obstruction or be a danger to both children and other pedestrians like those who are blind, partially sighted, or disabled. If you see cars being parked in such a way, please make a note of their registration number and report them to the Police via Operation Crackdown: <https://operationcrackdown.org/>

Thank you

Thank you

We would like to say a huge thank you to NJ Plastering who came along and plastered our new gym room up by Nurture; the children are so excited to start using it!

<https://www.facebook.com/share/17UBMTmNZK/>

October Half Term

We hope that you all have a wonderful time next week with your lovely children. Don't forget that there is an inset day on Monday 3rd November. We look forward to seeing you all well rested and ready to learn on Tuesday 4th November.



Pupil Achievements

Max C received a medal at the Crawley Rugby Festival.

Henry A won Man of the Match at Lancing Rangers.

Ethan D earned a medal for finishing the Inflatable 5K race.

Reggie F won Man of the Match at Worthing Utd.

Oliver M received a medal at the Crawley Rugby Festival.

Thomas S received a medal at the Crawley Rugby Festival.

Tommy F earned a football club medal.

Ophelia M earned a medal and scarf for finishing the Inflatable 5K race.

Jocelyn T received a certificate for performing in the 2025 showcase 'Light at the end of the tunnel' and a trophy for Most Improved Performer'

Ivy T received a certificate for performing in the 2025 showcase 'Light at the end of the tunnel' and a 'Work Ethic Award' trophy.

Katie L earned a medal and scarf for finishing the Inflatable 2.5K race.

Hot Chocolate Superstars

Kitty F, Hudson D, Willow S, Ivy C-S, Addison T-B, Erin C, Flora W, Toby E, Madi H, Georgie J, Henry H, Jax F, Cara d S, Oliver M, Emily B, Olivia A, Ralph R, Jenson M

Headteacher's Awards

Liam E, Isla R, Sienna C, Decoda R (x2!), Max N, Finley V, Preston T, Katie L, Cara d S, James Es-P, Zoe L, Daisy B, Erin L, Fearne S, Elsie C, Maxwell S, Eden K, Shay B, Ewan S, Adam S, Georgia T, Coco E, Kai D, Lydia D, Marley G.



Boulder Buddies

SEN Junior Climbing Club

School Year 3 and above

Sundays 9:00 - 10:00

9th November - 21st December

£63

This session is designed for children with Special Educational Needs who require a smaller group size, and a quieter environment

There will be No public access during the session

To Book contact us on
01273 752912, info@aduroutdoors.co.uk
or pop in

Adur Outdoor Activities Centre
Brighton Road, Shoreham-by-Sea
West Sussex, BN43 5LT
www.aduroutdoors.co.uk



Junior Climbing Club

Rocketeers

School years 3 - 6

Mon - Fri: 16:00 - 17:30

Saturday - 9:30

Gripsters

School years 7 - 11

Mon / Wed / Fri - 17:30

Sat / Sun - 11:30

Ascenders

Ages 16 -18 Years

Tue / Thur - 17:30

W/B 3rd Nov - 21st Dec 2025 - £63

(1 session per week)

To Book call 01273 752912 or pop into the centre
Adur Outdoor Activities Centre, Brighton Road,
Shoreham-by-Sea, BN43 5LT

HALLOWEEN FOOTBALL

SATURDAY 25TH OCTOBER - FROM 1:30PM

LANCING FC VS SHOREHAM FC

CULVER ROAD, LANCING
ACTIVITIES & FANCY DRESS (PRIZES TO WIN)

FREE ENTRY

for all Children



produced by

JOHN DALE

Estate Agency



Professional
Footballers'
Association



SEE IT. ACHIEVE IT.

The PFA is teaming up with Albion Women First Team to welcome girls aged 8-16 to join our See It. Achieve It. event - a day of football fun featuring professional players from the Women's Super League! This event is particularly open to young football fans from ethnically diverse backgrounds.

There'll be fun football activities led by professional coaches from the Brighton & Hove Albion Foundation, and the chance to meet and take part in a Q&A with Albion Women First Team players Madison Haley and Aisha Masaka.

Tuesday 28th October 2025
1-4pm

American Express Elite Football
Performance Centre, Lancing

Free of charge

