

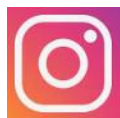


NLS Newsletter



Autumn term 18.09.2026

Website: www.northlancing.w-sussex.sch.uk



@northlancingprimary



**LATEST
NEWS**

Free School Meals

The criteria for eligibility for Free School Meals has recently changed. It is well worth seeing if your family is eligible. Go to [Free school meals - West Sussex County Council](#) to apply.

Lollipop Crossing

We have received reports that parents are not waiting for the lollipop man and crossing themselves. This is extremely dangerous; older children will watch what adults do and this may result in an accident. The lollipop man has to cover two roads; it is imperative that you are patient and wait for him to see you across the road. Please do not cross without him. Thank you for your support in keeping our children safe.

Please also note that all road crossing staff are now equipped with bodycams. This is to keep both your children and themselves as safe as possible.

Medicines

Now that the children are back together in school, coughs and colds are definitely doing the rounds. As such our first aid team have gone through multiple bottles of Calpol already this term. Also, large amounts antihistamine to help with hayfever symptoms. These medicines cost the school a surprising amount of money.

Please could we ask that if your child is suffering from hayfever symptoms at the moment (hayfever season seems to be never-ending this year!) please can you make sure that you dose your child up with antihistamine before they come to school.

We would welcome any donations of both over 6 and infant Calpol, & Piriton to bolster our stocks as they are rapidly depleting!

Contacting the school

If you need to contact the school for any reason, please do so via the StudyBugs app as this is monitored daily. If your message is time sensitive, for example, a last-minute change of collection arrangements, please call the school. Please try to avoid using the office@ email address as it is easy for emails to get lost in the hundreds of sales emails we receive to this address daily. Thank you.

Clubs and Swimming

Polite reminder that any club and swimming fees should be paid for as soon as possible if you have not already done so. Thank you.

Starting School September 2027

Is your child due to start school next September 2027. If you would like to book a tour to see the school, tour dates are available to book on our website. Just go to the blue 'Book a Tour' button on our home page.

Secondary School Applications

If your child is in year 6 you will need to apply for a place at secondary school soon. The deadline to apply is October 31st 2026. If you apply after this date, your application will be deemed late and this may effect your chance of securing a place at your preferred school. Apply now:

[Secondary school places - West Sussex County Council](#)

Baby toys

Do you have any baby/young toddler toys cluttering up your house? If so, we would love to have them; musical toys, light up, noisy toys- the more the merrier- all donations gratefully received!

Please take any donations to the school office.



Year Group Bulletins

Please see below for the links to the year group bulletins for year group specific information.

Reception	https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Reception-1.pdf https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Reception baseline assessment information for parents.pdf
Year 1	https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-1-2.pdf https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-1-Parents-meeting.pdf

Year 2	https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-2-2.pdf https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-2-Age-ratings.pdf https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-2-welcome-meeting-1.pdf
Year 3	https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-3.pdf
Year 4	https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-4-2.pdf
Year 5	https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-5-2.pdf https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-5-Parents-Meeting.pdf
Year 6	https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Year-6-2.pdf
Nurture	https://northlancing.w-sussex.sch.uk/wp-content/uploads/2026/09/Nurture-News.pdf



Pupil Achievements

Oli K was named Player of the Match for Worthing Utd.

Sofia de S ran the Race for Life and raised over £1150 in memory of her Grandma.

Kitty F was awarded her 10m Rainbow distance swimming certificate.

Zoe L was awarded her rugby club's Respect award.

Alfie T was named the Worthing Cricket Club U9 Batter of the Year.

Headteacher's Awards

Bella B, Jack P, Ozzy R.

Weekly Class Attendance Winners

Congratulations go to Miss Cowley, Mrs Hannon & 1H for an awesome 99.33% attendance this week!

Hot Chocolate Superstars

Monroe C, Maisie W, Eddison N, Ted K, Leo W, Erin C, Emmy D, Tommy P, Freddie V, Maya S, Theo M, Jacob R, Sushina R, Oliver K, Hadleigh Y, Darcey B, Roman I, Jocelyn T.

Times Tables Rock Stars

This is awarded for achieving the greatest increase in correct answers out of everyone in their year group.

Year	1 st place	2 nd place	3 rd place
Y2	Lucy M	Oscar A	Amelia S
Y3	Freddie B	Ellie D	Archie D
Y4	Jude G	Joshua T	Liam E
Y5	Ellis I	Archie H	Avarie G-G
Y6	Ivy T	Siyana R	Chloe LH

Numbots

This is awarded for achieving the greatest increase in correct answers in the last seven days.

Year	1 st place	2 nd place	3 rd place
Y1	Marley G	Max H	Bonnie C
Y2	Caitlynn C	Norah A	Elsie G
Y3	Jack H	Amelia H	Thea T

FUNK UP YOUR MOVES!

WANNADO Street Dance

NORTH LANCING PRIMARY SCHOOL

YR1 - 6

STREET DANCE CLASSES AT YOUR SCHOOL!

PERFORM AT SHOWS THROUGHOUT THE YEAR!

WEDNESDAYS, 3:05-3:50PM

1ST ½ TERM: 9/9/26 - 21/10/26

2ND ½ TERM: 4/11/26 - 9/12/26

£6 PW, PAYABLE ½ TERMLY

FOLLOW LINK OR QR CODE FOR MORE INFO

SIGN UP NOW!

IT'S NOT TOO LATE TO JOIN THE CLUB!

EASY BOOKING AT:

[HTTPS://WANNADO-STREETDANCE.CLASSFORKIDS.IO/INFO/126](https://wannado-streetdance.classforkids.io/info/126)

SCAN TO SIGN UP!

AFTER SCHOOL

ROLLER SKATING CLUB

QUAD SKATES
Ideal for beginners and building confidence.

INLINE SKATES
Great for improving speed, balance and skills.

FUN • ACTIVE • CONFIDENT • ALL WELCOME

Our roller skating club is a great way for children to **stay active, build confidence and have loads of fun** with their friends!

WEEKLY FUN
Held after school once a week this term.

SKATES & GEAR
Bring your own skates and safety gear or use ours at no extra cost.

SAFE & SUPPORTIVE
A friendly, inclusive environment for all abilities.

HAVE FUN!
Games, music, skills and plenty of good vibes!

IMPORTANT INFO

- ✓ Wrist guards and knee pads must be worn by all skaters.
- ✓ Sessions are held on-site at your school.
- ✓ Limited spaces available – book early to avoid missing out!

PRICE

10 WEEK TERM MOST SCHOOLS	11 WEEK TERM PATCHAM JUNIOR SCHOOL
£85	£93.50

IF YOU ATTEND ST MARY'S PRIMARY SCHOOL, PULBOROUGH – PLEASE READ YOUR AUTOMATED EMAIL CAREFULLY BEFORE MAKING ANY PAYMENT.

BOOK ONLINE:
www.gysoleisure.co.uk

Click the 'More' tab and select your school.

QUESTIONS? Please start a new email as this inbox is not monitored. | josh@gysodisco.co.uk

A local A Rainbow group is in need of volunteer helpers! If you are interested in volunteering, please go to <https://girlguiding.org.uk>

Rainbows

Girls play, learn and have tons of fun

for ages 4 to 7

Rainbows welcomes girls to come together to laugh, learn and have fun in a creative, supportive space.

girlguiding

Registered charity number: 308016

Join a local Rainbows group girlguiding.org.uk/joinus

Develop your life skills volunteering with Girlguiding

Whether you choose to volunteer directly with girls in your area or support girls from behind the scenes through event planning, social media and so much more, volunteering with Girlguiding will help you develop valuable skills that you can use in your job, education, at home, and in so many parts of your life.

Skills you can gain through Girlguiding

Teamwork:

- ✓ When you plan meetings for girls with your fellow volunteers, by sharing out tasks and communicating with each other, you're showing that you can work effectively as part of an intergenerational team.

Leadership:

- ✓ From running a game for your Brownies to learning how to run a group through our leadership development programme or becoming a commissioner, you're building the skills to show that you are a confident, capable leader.

Diversity and inclusion:

- ✓ Whether it's understanding the needs of a girl or fellow volunteer in your local group, by making adjustments to accommodate, include and welcome them, you're gaining real life experience.

Budgeting:

- ✓ Helping to run accounts or budgeting for an activity, camp or event you're running are all tasks that help you build great transferable finance skills.

Organisation and timekeeping:

- ✓ Helping to plan and deliver our programme for girls so group meetings run to time, taking charge of the shopping list and making sure records are up to date – these things show that you're organised, efficient and able to plan and prioritise.

Communication:

- ✓ You might contact parents, other volunteers, young members and outside contacts via email, or offer them a warm welcome to meetings or events. Right there you're demonstrating your excellent communication and customer service skills.

Not to mention, in different roles you can develop more specific skills, for example being a public relations adviser you can gain experience working with social media and communication channels. We also offer lots of training opportunities for volunteers to learn new things, that suit you, your interests and your lifestyle. From online courses and webinars that let you develop new skills at a time and place that suits you to in person trainings in your local area.

SOUTHERN MARTIAL ARTS KIDS KARATE

Confidence
Self Defence
Discipline
Respect
Etiquette
Behaviour
Control
Awareness
Anti Bullying
Co-ordination



努力報酬

STARTING
BACK
18th
September

NO
monthly
costs or
Direct Debits

£7
pay as you
go

All non
contact

For Years
R & up

North Lancing Primary KARATE CLASS

FRIDAYS,
straight after school finishing at 4.10pm

**Call, text or email to
book your place**

01903 537 272 or 07515 901669
E: southernmartialarts@outlook.com

New beginners welcome along anytime
Wear your PE kit or similar for the first few weeks

TABLE TENNIS CLUB

North Lancing
Thursdays
3.05pm - 4.05pm

ALL EQUIPMENT PROVIDED
ALL OUR COACHES ARE
QUALIFIED AND DBS CHECKED

BOOK VIA
WORTHINGTTC.COM/SCHOOLS/



info@worthingttc.com



worthingttc



www.worthingttc.com



Worthingttc

Bribar
Table Tennis



This page contains information that we hope is useful to you - all in one place. If you think of anything that you feel would be useful added to this page, please do let us know; we are always open to suggestions.

Term dates:

Term	Starts	Half term	Ends	Inset days
Autumn 2026	Wednesday 2 nd September	26 th -30 th October 2026	Friday 18 th December 2026	1st Sept 2026 2nd Nov 2026
Spring 2027	Monday 4 th January 2027	15 th -19 th February 2027	Thursday 25 th March 2027	N/A

Summer 2027	Monday 12 th April	31 st May-4 th June 2027	Wednesday 21 st July 2027	19/20/21 July 2027

Upcoming dates for your diary:

Event	Date	Event	Date
Yr 6 Windmill Hill	27-30 September		
Flu vaccinations	Friday 5 th November	Individual & sibling photos	Friday 13 th November

Autumn term menu:



2026/27 Autumn Term Menu

Tuesday 1st September to Friday 18th December 2026



Week 1 (for the weeks commencing 31/08, 21/09, 12/10, 09/11, 30/11)

Main Meal	Vegetarian Meal	Dessert
Chinese Chicken with Yellow Rice & Salad	Chinese Vegetables with Rice & Salad	Chocolate & Vanilla Mousse (D)
Pasta Bolognaise with Salad (D, G)	Vegan Pasta Bolognaise with Salad (G, S)	Banana Cake (G, E)
Roast Pork, Roast Potatoes & Veg	Falafel, Roast Potatoes & Veg	Blueberry Muffin (G, D, E)
Cheesy Tomato Pasta with Garlic Bread & Salad (D, G)	Tomato Pasta with Garlic Bread & Salad (G)	Coconut Jam Cake (G, E)
Fishcake & Chips with Veg & Salad (F, G)	Vegan 'Fish' Fingers & Chips with Veg & Salad (G)	Mango Sorbet

Week 2 (for the weeks commencing 07/09, 28/09, 19/10, 16/11, 07/12)

Main Meal	Vegetarian Meal	Dessert
Pesto Pasta with Garlic Bread & Salad (G)	Pesto Pasta with Garlic Bread & Salad (G)	Strawberry & Vanilla Mousse (D)
Hot Dog, Veg & Wedges with Salad (G, Sd)	Vegan Hot Dog, Veg & Wedges with Salad (S)	Flapjack
Chicken Tikka Sauce Curry with Coconut Rice & Salad	Vegetable Tikka Sauce Curry with Coconut Rice & Salad	Sliced Melon
Lasagne with Garlic Bread & Salad (D, G)	Vegan Lasagne with Garlic Bread & Salad (G)	Chocolate Cake (G, E, S)
Fish Fingers & Mash with Beans & Salad (F, G)	Vegan 'Fish' Fingers & Mash with Beans & Salad (G)	Strawberry Ice Cream (D)

Week 3 (for the weeks commencing 14/09, 05/10, 02/11, 23/11, 14/12)

Main Meal	Vegetarian Meal	Dessert
Jacket Potato, Baked Beans, Cheese & Salad (D)	Jacket Potato, Baked Beans & Salad	Sticky Toffee Sponge (G, E)
Chilli, Vegetables & Rice with Salad	Vegan Chilli, Vegetables & Rice with Salad (S)	Banana Cake (G, E)
Roast Chicken, Roast Pots, Veg & Yorkshire Pud (E, G)	Vegan Sausages, Roast Potatoes & Veg	Fruit Yoghurt (D)
Pork Meatballs with Rice & Salad (Sd)	Vegan Meatballs with Rice & Salad (S)	Ginger Sponge (G, E)
Fish Stars & New Potatoes with Veg & Salad (F, G)	Vegan 'Fish' Fingers & Potatoes with Veg & Salad (G)	Vanilla Ice Cream (D)

Allergen Key: (D) = Dairy; (E) = Egg; (F) = Fish; (G) = Gluten; (M) = Mustard; (S) = Soya; (Sd) = Sulphur Diox